

**THE APPLICATION OF MURROTAL THERAPY AS AN EFFORT TO
RESUCE PAIN LEVELS IN POST CAESAREAN SECTION
MOTHERS AT RSU ASSALAM GEMOLONG HOSPITAL**

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ABSTRACT

Background: In Central Java, the prevalence of caesarean section births is 17.1% of the total deliveries handled by health workers. Post-SC pain data is mostly on a moderate pain scale of 66.6%, mild pain 25.7% and severe pain 7.7%. So it is necessary to manage pain by providing murottal Al-Quran. **Objective:** Describe the results of the application of murottal Al-Quran therapy to reduce pain levels in post-SC mothers. **Method:** Case study of the pre-post test approach in post-SC patients who were given murottal therapy and pain was measured using NRS. **Results:** After administering therapy 6 hours post SC surgery and 4 hours after analgesic administration. The therapy was given once daily for 15 minutes for 2 days. Comparison of the pain scale before and after murottal Al-Quran therapy between Respondent 1 and Respondent 2 experienced a decrease to mild pain. **Conclusion:** Quranic recitation therapy has an effect on reducing pain intensity in Respondents 1 and 2, from moderate to mild pain.

Keywords: Caesarean Section, Pain, Recitation Therapy