

**EDUCATIONAL MEDIA POCKET BOOK TO INCREASE
KNOWLEDGE OF MOTHERS WITH STUNTING IN
POSYANDU RW 11 KELURAHAN
SEMANGGI PASAR KLIWON**

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SUMMARY

Background; Stunting is a reality condition where children experience insignificant growth or often referred to as stunted. Circulation in 2021 shows that the prevalence of stunting worldwide has reached 22%. In the data obtained, stunting in Surakarta City has increased the number of stunting cases from around 1,200 in 2023 to around 1,500 cases in 2024. Efforts to prevent stunting continue to be made so that the incidence rate in Indonesia can be reduced, but it is possible to apply other methods, one of the efforts to prevent stunting by providing education through pocket books. **Objective;** The purpose of making educational media with this pocket book as information in the knowledge of mothers related to nutrition against stunting and can increase the knowledge of mothers related to child nutrition. **Method;** The methods used in this study include collecting materials, preparing designs using the Canva application, printing pocket books using thick paper, printing ink, and QR codes. **Result;** the output is a pocket book entitled "Buku Mungil: "Let's get to know nutrition to prevent *stunting*". It has been tested with 12 respondents of posyandu mothers with the result that the pocket book is attractive and easy to understand. **Conclusion;** The pocket book entitled Buku Mungil: 'Let's get to know nutrition to prevent *stunting*' can be used as an educational medium about stunting.

Keywords: *Knowledge Improvement, Pocket Guide, Nutrition, Stunting*