

***THE APPLICATION OF LEGO PLAY THERAPY IN REDUCING THE LEVEL OF ANXIETY IN PRESCHOOL CHILDREN DURING HOSPITALIZATION IN THE CEMPAKA CHILDREN'S HCU ROOM Dr. MOEWARDI HOSPITAL***

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***ABSTRACT***

***Background:*** Based on the national health survey (SUSENAS) in 2010, stated that the number of pre-school children amounted to 72% of the population of Indonesia, and it is estimated that 35 per 100 children experience hospitalization and 45% of them experience anxiety. of them experience anxiety. Hospitalisation in children is a process for a planned reason that requires the child to stay in the hospital, undergo therapy and treatment until the child is discharged back home. During treatment, children can experience various events in the form of experiences that are very traumatic and full of stress. Anxiety is a feeling that is often experienced by patients of pre-school age children experiencing hospitalisation in the hospital. Actions to reduce anxiety in preschool-age children are by means of play therapy and cooperation with good parental support can help reduce anxiety in hospitalised preschool children with lego play therapy. ***Objective:*** To determine the application of Lego Play Therapy in reducing the anxiety level of preschool children during hospitalization. ***Results:*** The method used in this application is descriptive with the aim of describing or describing a state of the object carried out by 2 respondents by means of pre-test and post-test. ***Coclusion:*** The results showed that before the lego play therapy was done on An. A with a result of 66 and on An. K with a result of 61, namely a moderate level of anxiety. The level of anxiety after lego play therapy on An. A with a result of 57 and An. K with a result of 54, which is a mild level of anxiety

***Keywords:*** Anxiety, Play therapy, Preschool age