

Silvia Dwi Saputri
SRN. C2013112
Nursing Department

Advisors:
Wahyu Purwaningsih, S.Kep, Ns., MSc
Kanthi Suratih, S.Kep, Ns., M.Kes

**A CASE DESCRIPTION OF NARCOLEMA AFTER DOING THE
HEALTHY EDUCATION ABOUT NARCOLEMA ON THE
STUDENTS AT SMA AND SMK IN SURAKARTA**

ABSTRACT

Background of the Study; Teenagers who always have a high curiosity, because they did not have an enough education so they tried to look for information by themselves through the media of information which has uncertainty truth. By having a high curiosity and low of education made the teenagers difficult and ever cannot choose which is the good and the bad one. Moreover in this recent phenomenon which each information has added with the words or actions of pornography/ narcolema. Narcolema can cause the detrimental of brain function in the pre frontal cortex or the front brain. **Objectives of the Study** ; understand the case description of narcolema after doing healthy education about narcolema at SMK Batik 1, SMA Batik 2, SMKN 4, SMKN 5, and SMKN 7 Surakarta.

Method; descriptive research, univariate data analysis. The sample of this research is 276 respondent, which consist of 42 respondent of SMK Batik 1, 48 respondent of SMA Batik 2, 37 respondent of SMKN 4, 39 respondent of SMKN 5 and 110 respondent of SMKN 7 in Surakarta to the narcolema case happened. **Results;** The univariate results of narcolema case are at SMK Batik 1 by 42 respondent (85,7%), SMA Batik 2 by 48 respondent (91,7%), SMKN 4 by 37 respondent (89,2%), SMKN 5 by 39 respondent (82,1%) , and SMKN 7 by 110 respondent (89,1%) in Surakarta. **Conclusion:** Narcolema case happened to the students at SMK Batik 1, SMA Batik 2, SMKN 4, SMKN 5, and SMKN 7 in Surakarta.

Keyword : *Narcolema case, healthy education.*