

**APPLICATION OF DRAWING THERAPY  
TO REDUCE HALLUCINATION SYMPTOMS IN PATIENTS AT DR.  
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**ABSTRACT**

Hallucinations are among the primary symptoms commonly experienced by patients with mental disorders, particularly schizophrenia. Non-pharmacological therapy, such as drawing therapy, can serve as an alternative to reduce the intensity of these symptoms. This study aimed to examine the effectiveness of drawing therapy in reducing hallucination symptoms in patients at RSJD Dr. Arif Zainudin Surakarta. The study used a case study design involving two respondents diagnosed with auditory hallucinations. The intervention was carried out over three consecutive days, with each session lasting 15 minutes. Data were collected through observation and interviews using the Auditory Hallucinations Rating Scale (AHRS) before and after the therapy. The results showed a decrease in AHRS scores in both respondents following the intervention. Respondent 1 showed a reduction from a score of 17 to 11 (from moderate to mild), while respondent 2's score decreased from 22 to 17 (still within the moderate category). Drawing therapy proved effective in reducing hallucination symptoms, particularly when combined with pharmacological therapy and administered regularly. This therapy can serve as a therapeutic and enjoyable nursing intervention for patients experiencing sensory perception disturbances such as hallucinations.

**Keywords:** hallucinations, drawing therapy, mental disorders, non-pharmacological therapy, schizophrenia