

THE INFLUENCE OF FREE SEX EDUCATION ON INCREASING TEENAGERS' KNOWLEDGE ABOUT FREE SEX AT SAINT JAKOBUS CATHOLIC JUNIOR HIGH SCHOOL, WEE BAGHE WEWEWA BARAT, WEST SUMBA DAYA, EAST NUSA TENGGARA

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ABSTRAK

Background: Free sex refers to sexual behavior without clear rules or purposes, influenced by the environment, family, peers, and technology. In Indonesia, 14.7% of adolescents have engaged in premarital sexual activity, with 29-31% in Nusa Tenggara Timur. **Objective:** To determine the influence of free sex education on increasing adolescents' knowledge at Santo Yakobus Catholic Junior High School, Wee Baghe, Wewewa Barat, Sumba Barat Daya. **Methods:** A pre-experimental study with a one-group pretest-posttest design, involving 110 respondents selected through random sampling, analyzed using the Wilcoxon test. **Results:** Before the intervention, the majority had low knowledge about free sex (42 respondents, 38.2%), while 26 respondents (23.6%) had high knowledge. After the intervention, high knowledge increased to 79 respondents (71.8%), and low knowledge decreased to 7 respondents (6.4%). The analysis showed an asymptotic. sig (2-tailed) of $0.000 < 0.05$. **Conclusion:** Free sex education significantly influences the increase in knowledge about free sex among students at Santo Yakobus Catholic Junior High School, Wee Baghe.

Keywords: Adolescents, Health Education, Free Sex

