

*FACTORS INFLUENCING AND THE IMPACT OF EARLY MARRIAGE
IN DELU DEPA VILLAGE, SUB-DISTRICT
KODI BANGEDO-SOUTHWEST SUMBA REGENCY*

Paulina Bokol¹, Kamidah²

paulina.students@aiska-university.ac.id, Kamidahjogja13@gmail.com

Fakultas Ilmu Kesehatan Universitas 'Aisyiyah Surakarta

ABSTRACT

Background: Early marriage is still prevalent in society, especially between the ages of 15 and 19. However, from a medical and psychological perspective, this age is still considered too early to face marital problems. The decision to marry early is influenced by various factors, both internal and external. Internal factors include psychological conditions, emotional maturity, and critical thinking skills, while external factors include family influence, societal norms, and economic pressures. **Objectives:** To explore the factors that influence the decisions of adolescents to marry early and their impact on adolescents' lives. **Method:** This study uses a qualitative method, data collection by conducting interviews and documentation. The sampling technique in this study uses purposive sampling, namely a sampling technique based on criteria that are perpetrators of early marriage with 10 informants. **Results:** The factors causing early marriage in Delu Depa Village, Kodi Bangedo District, Southwest Sumba Regency are factors of pregnancy outside of marriage for 2 teenagers, economic factors for 4 teenagers, and educational factors for 4 teenagers who married early. The impacts of early marriage in Delu Depa Village are broadly three, namely psychological, health, and social impacts. When viewed from the psychological impact, they still often experience problems such as stress, emotional burden, anxiety and depression. From a health perspective, women often experience immaturity of reproductive organs which can increase the risk of complications during childbirth such as premature birth, obstructed labor, preeclampsia. The social impact is a lack of socialization with the local community because of the shame of getting pregnant outside of marriage. Their education is also interrupted, they only work makeshift to meet their living needs. **Conclusion:** early marriage has a significant and complex impact on individuals and society, so that attention and intervention are needed to address the issue of early marriage.

Keywords: Factors and Impacts of Early Marriage, Women