

**THE RELATIONSHIP BETWEEN WORKLOAD AND THE LEVEL OF WORK  
FATIGUE IN NURSES AT PURA RAHARJA  
GENERAL HOSPITAL**

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**ABSTRACT**

**Background:** The complexity of job demands and the lack of existing nurses make the nursing profession very vulnerable to burnout. Burnout is a psychological condition characterized by symptoms of emotional exhaustion, cynicism and inability to complete one's work. As a result of the high demands of work, burnout in nurses can interfere with the services that will be provided by a nurse. **Objective:** This study aims to determine the relationship between workload and the level of work fatigue in nurses at Pura Raharja General Hospital. **Methods:** This type of research is a quantitative penalty with a Cross Sectional approach, data are taken using a questionnaire. The population in this study is all inpatient room nurses, emergency room, OK and outpatient installations of Pura Raharja General Hospital. The data collection method uses total sampling. Statistical test using Chi Square. **Results:** The results showed that most of the respondents perceived heavy workload, namely 21 respondents (65.6%) and experienced fatigue in the medium category as many as 17 respondents (53.1%). The results of the bivariate test using Chi Square obtained a  $p$  value = 0.001. **Conclusion:** There is a relationship between workload and work fatigue in nurses at Pura Raharja General Hospital.

**Keywords:** Workload, burnout, nurses.