

**THE EFFECT OF GIVING KINESIO TAPPING TO INCREASE DINAMIC  
BALANCE FOR FLAT FOOT PATIENT WITH AGED 9-12 YEARS IN SD  
MUHAMMADIYAH 16 SURAKARTA**

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**ABSTRACT**

**Background:** Children with flat foot mostly fell during the playing time and that make them cannot move freely when they were playing. **Purpose:** To know and analys kinesio tapping for dinamic ballance on flat foot patient with age 9-12 years old in SD Muhammadiyah 16 Surakarta. **Method:** This research using pre experimental one group pre test and post test design on 25 sample of respondent, this measuring dinamic balance using balance beam walking test. **Results:** Result of this research is an improvement dinamic ballance of flat foot patient with  $P=0,000$  ( $P<0,05$ ) on Wilcoxon Test. **Conclusion:** Kinesio tapping effected to improvement dinamic ballance of flat foot patient with age 9-12 years old.

**Keyword:** kinesio tapping, flat foot, dinamic balance.