

**PEMBERIAN AIR REBUSAN DAUN SIRIH UNTUK
MEMPERCEPAT PENYEMBUHAN LUKA
PERINEUM PADA IBU POST PARTUM
DI RSU ASSYIFA SAMBI BOYOLALI**

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ABSTRACT

Background: Perineal rupture in maternity is a significant problem in the community so care needs to be taken to help heal perineal wounds. Perineal wound care can be done non-pharmacologically, one of which is using betel leaves. Betel leaves have many ingredients, namely: essential oils, betlephenol, sesquiterpenes, starch diastase, sugar and tanned substances (chemical compounds used to kill or inhibit the growth of microorganisms in tissues that live like skin surfaces) and anti-inflammatory (chemical compounds used to eliminate inflammation, and kavikol which functions as an antiseptic or substance that can inhibit growth). **Objective:** to describe the results of the implementation of the benefits of betel leaves to accelerate the healing of perineal wounds. **Method:** This study uses a case study with a descriptive design. The study was conducted in March 2019 to April 2019 at Assyifa General Hospital Sambu Boyolali. To determine the healing of the respondent's perineal wounds, the researchers used the assessment and scale REEDA (Redness Edema Ecchymosis Discharge Approximation). **Results:** the administration of betel leaf boiled water to accelerate the healing of perineal wounds in post partum mothers found that the healing of the perineal wounds of the two respondents was classified as fast (1-7 days), namely in the respondent one perineal wound healed on day 4 and the respondent recovered on the day 5th. **Conclusion:** administration of betel leaf boiled water can accelerate the healing of perineal wounds in postpartum mothers.

Keywords: Perineal Wounds, Betel Leaf Water