

**APPLICATION OF LAVENDER AROMATHERAPY MASSAGE TO  
REDUCE PAIN TASTE IN MOTHER RELATED IN 1 ACTIVE PHASE IN  
RSU ‘ASSYIFA SAMBI BOYOLALI**

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**ABSTRACT**

**Background;** 1st stage labor pain caused by cervical dilatation, lupoxia in uterine muscle cells that shortens (Effacement) and the pressure on the surrounding structure. Pain in labor other than being overcome by pharmacology can also be non-pharmacological. One technique used in non-pharmacological methods is aromatherapy massage. **Aim;** Describe the results of the application of lavender aromatherapy massage to reduce pain in women at the time of active phase at RSU ‘Assyifa Sambu, Boyolali. **Method;** This study uses a descriptive research design with a type of case study. This study describes the provision of lavender aromatherapy massage to reduce pain in women during the 1st active phase of the 2 respondents at RSU ‘Assyifa Sambu Boyolali. **Results;** Before the lavender aromatherapy massage, the pain score was 8 and 10, after lavender aromatherapy massage was reduced to 5 and 6. **Conclusion;** After doing lavender aromatherapy massage on maternity during the active phase, the pain score decreased.

**Keywords;** Aromatherapy lavender, maternity mother