

**THE EFFECT OF MUROTAL AL-QUR'AN THERAPY ON STRESS  
LEVELS IN PATIENTS WITH ABORTION IN DIRSUD KARANGANYAR IN  
2019**

Narti Purnama Sari (2019)  
Studi Program Diii Midwefery  
Sekolah Tinggi Ilmu Kesehatan Aisyiyah Surakarta  
Istoqomah Risa W.,Sst.,M.Kes, Kamidah .,Sst.,M.Kes

**ABSTRACT**

**Background** : stress is an additive response handled by individual differences in physical and environmental psychological processes. In Indonesia the incidence of abortion is estimated at 60%-70% women. In general is very dangerous, but often disturbs women who experience it. Handing non-pharmacological therapy can be done with the murottal Al-Qur'an Surah Ar-Rahman Aim : Interpret the murottal results of the Qur'an Surah Ar-Rahman in abortion patients in RSUD KARANGANYAR. **Method** : The design of this study is descriptive research, the data collected in the form of primary data is conducting direct observations to determine the stress using dass scale level in patients with abortion, the patients are given murottal Al-Qur'an Surah Ar-Rahman for 30 minutes. After complete murottal treatment there was a decrease in stress levels in patients with abortion. This research was by diRSUD Karanganyar and was held in March until April 2019. **Results** : The study showed that the respondents before murottal Al-Qur'an Surah Ar-Rahman were carried out with severe stress levels and after performing murottal Al-Qur'an Surah Ar-Rahman for 30 minutes then the two respondents were observed to return to moderate stress level. **Conclusion** : Murottal Al-Qur'an Surah Ar-Rahman can reduce stress levels in patients with abortion di RSUD Karanganyar

**Keywords** : Stress, Abortion Murottal AL-Qur'an Surah Ar-Rahman