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THE EFFECT OF SPIRITUAL HEALING ON THE LEVEL ANXIETY IN HIV PATIENTS KELOMPOK DUKUNGAN SEBAYA SUKOWATI IN THE CITY OF SRAGEN

ABSTRACT

Background: Since 2016, there have been 620 thousand Indonesians positive for HIV. HIV is a cause of AIDS by attacking white blood cells so that it can damage the human immune system. AIDS sufferers will experience a psychological crisis in the form of panic, fear, anxiety, hopelessness, and stigma. Anxiety is an individual's response to an unpleasant situation that is characterized by worry, anxiety, nervousness, fear, and easily shocked. One of the therapies that support the healing of anxious patients is Spiritual healing because it is useful to cause comfort and relax. Purpose: Knowing the effect of Spiritual Healing on anxiety levels in HIV sufferers Kelompok Dukungan Sebaya Sukowati in Sragen City. **Methods:** This type of research is quantitative, this research method uses Quasi Experimental Design, with Pretest-Posttest Design. Sampling with purposive sampling technique, by determining the number of samples of 22 respondents. Research instruments using HRS-A (Hamilton Rating Scale for Anxiety). Analyze data using Wilcoxon test. **Results:** The results showed a significant value on Spiritual Healing on the level of anxiety with results (p value) of 0,000<0.05. Conclusion: There is a significant influence of Spiritual Healing on anxiety levels in HIV sufferers Kelompok Dukungan Sebaya in Sragen City.

Keywords:: HIV, Anxiety, Spiritual Healing.