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<p style="text-align: center;"><i>DESCRIPTION OF KNOWLEDGE LEVELS AND CHARACTERISTICS OF MOTHER BREASTFEEDING ABOUT BALANCED NUTRITION IN SIBELA PUSKESMAS WORKING AREA</i></p>	
<p style="text-align: center;"><i>ABSTRACT</i></p> <p><i>Background ;</i> Breastfeeding is a very important and valuable time for a mother and her baby. Nutrition problem is still the biggest problem in Indonesia. The number of cases of malnutrition in infants is 122 cases in Sibela Puskesmas. Knowledge is the impression in the human mind as a result of the use of the five senses. <i>Purpose ;</i> To know the level of knowledge and characteristics of breastfeeding mothers about balanced nutrition in the Sibela Puskesmas work area. <i>Method ;</i> This research is a descriptive research. The sampling technique uses cluster random sampling and a sample of 91 respondents. This research instrument uses a questionnaire sheet. <i>Results;</i> The majority of breastfeeding mothers' knowledge about balanced nutrition is a sufficient category of 51 respondents (56.0%), the majority of characteristics of nursing mothers include ages between 20-35 year old totaling 63 respondents (69.2%), the majority of education is secondary (high school / vocational high school) a number of 56 respondents (61.5%), the majority of jobs are private, 66 respondents (72.5%), majority of parity is multipara, 64 respondents (70.3%), the majority of income is Rp.1.800.000, 64 respondents (70.3%). <i>Conclusion;</i> The level of knowledge of breastfeeding mothers about balanced nutrition is adequate category, the majority of the age characteristics are 20-35 years old, secondary education (SMA / SMK), the majority of private sector, parity is multipara, and the majority of income is Rp.1800,000.</p>	
<p><i>Keywords ;</i> Knowledge, age, education, occupation, parity, income.</p>	