

Desy Nur Khasanah NIM C2015021 Nursing Science Program Study	Advisors : I. Riyani Wulandari, S.Kep, Ns.M.Kep II. Hermawati, S.Kep, Ns.M.Kep
<i>THE INFLUENCE OF DANCE MOVEMENT THERAPY AT LEVEL OF DEPRESSION IN ELDERLY AT KUWUT LOCAL GOVERNMENT CLINIC OF JETIS VILLAGE SAMBIREJO DISTRICT SRAGEN REGENCY</i>	
ABSTRAK	
<p>Background : Around 74% of elderly people in Indonesia suffer from chronic diseases such as hypertension, diabetes mellitus, osteoporosis, rheumatism and heart disease. This figure can identify that there is a possibility that as many as 74% of elderly people in Indonesia have the potential to experience depression. Depression is a disorder of feeling characterized by moodiness and deep sadness, one of the therapies that support the healing of depressed clients is Dance Movement Therapy because it is useful to improve the relationship between thoughts, feelings and actions . Methods : The type of research is quantitative, this research method uses Quasy Experimental Design, with the design of Pretest-Posttest Control Group Design. Sampling using Purposive Sampling technique, by setting the number of samples as many as 20 respondents. The research instrument uses a GDS (Geriatric Depression Scale) scale. Analyze data with Wilcoxon test. Results : The results showed a significant value on Dance Movement Therapy to decrease the level of depression with a result (pvalue) of 0,000 <0,05. Conclusion : There is a significant effect of Dance Movement Therapy on decreasing the level of depression in the elderly at the Kuwut local goverment clinic in Jetis Village, Sambirejo District, Sragen Regency.</p>	
Keywords : <i>Dance Movement Therapy, Depression, Elderly.</i>	