ABSTRACT

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DESCRIPTION OF CHARACTERISTICS AND STRESS LEVELS IN THE AKAP BUS DRIVER IN THE TIRTONADI TERMINAL

ABSTRACT

Background: bus drivers are jobs that are vulnerable to stress. Stress is a subjective experience that is based on a person's perception of the situation facing him. The stress experienced by the driver will lead to feelings of apathy, indifference and irresponsibility so that it can cause accidents. Objective: describe the characteristics and levels of work stress on the AKAP bus driver at Tirtonadi Terminal. Method: This type of research includes descriptive quantitative research. Sampling using the purpose sample method with a sample of 93 respondents with research instruments using stress level questionnaires. analysis using Univariate Test. Results: The results of the descriptive analysis can be seen that all drivers of akap bus respondents are the majority of advanced adulthood, high school education, working period> 5 years, marital status ie mating and stress level which is low. Conclusion: the stress level in the majority of drivers is low stress levels and at least moderate stress levels

Keywords: Characteristics of AKAP bus drivers, work stress levels