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DESCRIPTION OF THE CHARACTERISTICS OF MOM TOWARDS CORRECT BREASTFEEDING TECHNIQUE POST BIRTH IN THE MAIN CHILDREN AND CHILDREN'S CLINIC SRAGEN

ABSTRACT

Background; How to provide breast milk (ASI) that can be done by a mother to her baby to meet her nutritional needs. Granting of breast milk (ASI) is an appropriate practice as well as in accordance with the development of the baby's physiology during the prenatal and the first year of life. Aim; Describe the characteristics of mothers towards correct breastfeeding techniques postpartum at the Main Clinic of Mother and Children Hastuti Sragen. **Method**; The type of research is descriptive, data collection techniques with purposive sampling, samples of 30 respondents, questionnaire research instruments and observation sheets, data analysis using univariate analysis. Results; The results of univariate analysis revealed that the majority of mothers aged 20-35 years 70%, majority high school mother education 56.7%, majority work mothers did not work 63.3%, majority knowledge of mothers was good 56.7%, multipara majority mother parity 63.3%, majority husband support support nursing mothers 100 %, the majority of mothers breastfeeding techniques are less true 63.3%. Conclusion; The breastfeeding technique of post partum mothers in the Main Clinic of Mother and Children Hastuti Sragen was mostly incorrect.

Keywords: Breastfeeding Techniques, Characteristics of Mothers