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DESCRIPTION OF EDEMA LEGS IN TRIMESTER III PREGNANT MOTHER IN SIDOHARJO PUSKESMAS

ABSTRACT

Background: There were 25 cases foot edema of pregnant women at the Sidoharjo Health Center. The cause of leg edema in pregnant women is triggered by changes in the hormone estrogen, so can increase fluid retention associated with physical changes that occur during the last trimester of pregnancy, namely the growing uterus along with fetal weight gain and gestational age.

Purpose: To find out pregnant women who experience foot edema based on characteristics of third trimester pregnant women at Sidoharjo Health Center.

Methods: This type of research is descriptive. The study population was 78 third trimester pregnant women. Sampling with a total sampling technique. The research instrument use a checklist sheet. The analysis univariate analysis with frequency distribution. ***Results:*** The results show pregnant women experiencing foot edema were mothers age 20-35 years, junior high school education level, working mothers, first time pregnant and 32-35 weeks gestational age. ***Conclusion:*** Third trimester pregnant women experience 11 people foot edema with degree I.

Keywords : foot edema, third trimester, pregnant woman

