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INCIDENCE OF DYSMENRHOEA IN YOUNG WOMEN AT JUNIOR HIGH SCHOOL DISTRICT OF BAKI SUKOHARJO

ABSTRACT

Background: Menstruation is a natural cycle that shows the perfection of healthy women. Mentruation is a period of bleeding that occurs in women in each of the Fur (Laila, 2011). Women whose menstruation experiences physical discomfort and women have been tormented during mentruation. Mentruation occurs about 3 to 8 days. ***Objective:*** To know the incidence of dysmenrhoea in young women in the district of Baki Sukoharjo. ***Methods:*** Detailed research, data retrieval techniques with random sampling cluster techniques, sample 91 respondents, research instruments with checklist sheets. ***Results:*** The results of univariate analysis known to most teenagers are between the ages of 13-15 years of 72 respondents (79.1%), most of the age of menarche in teenagers is aged more than 12 years as many as 63 respondents (69.2%), the majority of teenagers Experienced a longer menstrual cycle of more than 35 days as many as 71 respondents (78%), most teenagers experienced a dysmenrhoea of 60 respondents (65.9%). ***Conclusion:*** Incidence of dysmenrhoea in most adolescents aged 13-15 years, age menarche more dari12 years, menstrual cycles longer than 35 days and many have undergone dysmenrhea.

Keywords: menarche, dysmenrhoea Genesis, adolescent characteristics.