

ABSTRACT

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| APPLICATION OF CHANGING POSITION AND SKIN MASSASE IN STROKE PATIENTS WITH THE RISK OF DECUBITUS IN SURAKARTA CITY HOSPITAL | |
| ABSTRACT | |
| <p>Background; <i>The prevalence of stroke in Surakarta City Hospital was 46 patients suffering from hemorrhagic stroke, and 287 patients suffering from non-hemorrhagic stroke. From this data, the prevalence of stroke in Surakarta City Hospital is higher than that of Panti Waluyo Hospital, with hemorrhagic stroke patients totaling 106 patients and 35 non-hemorrhagic stroke patients. Patients with high-risk stroke experience serious medical complications caused by prolonged bed rest and immobility, ie decubitus. Precautions that can be done to anticipate that dekubitus does not happen is to apply the position change every 2 hours and skin massage 2 times a day with a duration of 5-15 minutes for 6 consecutive days.</i> Objective; <i>Describes the application of changes in skin position and massage in stroke patients against the risk of decubitus.</i> Research methods; <i>Using descriptive method by observing on research subject. Measurement of risk of decubitus was measured by a Braden Scale observation sheet then recorded before and after the application of changing skin position and massage.</i> Results; <i>Risk of decubitus prior to application on the first respondent, decreased from moderate to mild, while the second respondent, from high to moderate.</i> Conclusion; <i>There is a decrease in the risk of decubitus after application of skin position and massiveness.</i></p> | |
| Keywords : <i>Stroke, Change Position, Skin Massage, Decubitus Risk</i> | |