Ika Nur Fitrianti NIM B2015050 Diploma III of Nursing Conselor : 1. Tri Susilowati, M. Kep 2. Endah Sri Wahyuni, M. Kep

THE APPLICATION OF COMPRESS WARM WATER (TEPID SPONGE) TO DECREASE OF BODY TEMPERATURE IN FEVER FOR CHILDREN IN THE REGION UPT. PUSKESMAS GAMBIRSARI

ABSTRACT

Background: children under 5 years of age have an immature body temperature control mechanism and can rise quickly which can cause a child to become a fever. One of the treatment of fever can be in the form of medication and warm compresses (tepid sponge) **Purpose**: To describe the result of the implementation of compress warm water (tepid sponge) in children with fever in the region of UPT. Puskesmas Gambirsari. Method : Descriptive research with case study research design. The samples in the research is 2 respondents, the instrument of the research use an observation sheet, thermometer, and SOP compress warm water (tepid sponge). **Result**: The result showed there was a decrease in the body's temperature in fever children who were given compress warm water (tepid sponge) to both the respondents. The temperature of body's in An. S before doing the compress warm water (tepid sponge) is 38,5°C, while after doing the compress warm water (tepid sponge) is being 36,8°C. The temperature of the body's An. A before doing the compress warm water (tepid sponge) is 37,8°C, while after doing the compress warm water (tepid sponge) is being 36,8°C. Conclusion : Compress warm water (tepid sponge) can lowered the temperatue of the body's in the children which fever. Suggestion : for the next researchers can doing the research furthermore not only for general fever, but for more spesifik of fever.

Keyword : Compress warm water (tepid sponge), fever, temperature.