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B2015084
Diploma Program of Three
Nursing Studies

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**APPLICATION OF WARM COMPRESS WITH RED GINGER
GRATER AGAINST PAIN SCALE IN ELDERLY GOUT ARTHRITIS
IN JAGALAN JEBRES SURAKARTA**

ABSTRACT

Background: *Elderly is an event that must be experienced by every human being. The problem of degenerative diseases usually experienced by the elderly is usually gout arthritis. Gout Arthritis is a crystal-shaped acid that is the end result of purine metabolism. To reduce the pain can be applied with warm compresses with grated red ginger.* **Purpose:** *Describe the implementation results of warm compress with red ginger scarring on the pain scale in elderly people with gout arthritis.* **Method:** *This research use descriptive research method with two respondents.* **Result:** *The results of the research on Tn. D and Tn.W with gout arthritis in Jagalan after a warm compression with red ginger grater 5 times in a row with 20 minutes with results on Tn.D before warm compression done with red ginger scale moderate pain be scale mild pain while for Tn. W before warm compress with red ginger grater with severe pain be moderate pain.* **Conclusion:** *From this research is a warm compress with red ginger grater effective for the elderly people with gout arthritis*

Keywords: *Elderly, Gout Arthritis, Pain, Warm compress with red ginger grater.*