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Counsellor

- 1. Siti Fatmawati, S.Kep.Ns, M.Kep
- 2. Erika Dewi Noorratri, S.Kep.Ns, M.Kep

APPLICATION OF KERONCONG MUSIC THERAPY ON THE LEVEL OF DEPRESSION AT ELDERLY IN SOCIAL HOLMES OF WREDHA DHARMA BHAKTI SURAKARTA

ABSTRACT

Background: Elderly is one of the periods in human life span regarded as a phase of decline, such as physical, mental, or social degeneration causing depression. The prevalence of depression reaches about 14 million people or 6% of the total population of Indonesia. Depression affects 10-15% of elderly living in families and depression rates increase dramatically in elderly people living in institutions such as in orphanages about 50-75% of long-term care residents. The administrators informed the psychological condition of the elderly living in Social Holmes Wredha Dharma Bhakti Surakarta, there were 15 depressed elderly. **Objective:** Describe the result of the implementation of keroncong music therapy in the elderly. **Method:** The research design used in this research is descriptive method conducted with 2 respondents. Research instrument with interview and GDS measurement (Geriatric Depression Scale). **Result:** There is a decrease in depression level after keroncong music therapy may decrease depression level.

Keywords: The Elderly, Keroncong Music Therapy, Level Of Depression