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IMPLEMENTATION OF WILLIAM FLEXION EXERCISE TOWARDS DECREASSING ACUTE INTENSITY IN NETHER BACK PAINFUL PATIENTS IN SINGOSARI VILLAGE, MOJOSONGO BOYOLALI	
ABSTRACT	
<p>Background: nether back acute is an unwell condition or chronic painful with a minimum of 3 months of complaints accompanied by limitation of activity that caused by acute if doing movement or mobilization. Nether back painful is one of problem that most commonly in musculoskeletal and in this time become widest problem within influence of human population. In the industrial fields in the world, 60-85% from population has nether back acute in some point during their lifetime.</p> <p>The Purpose: To describe the result of William Flexion exercise towards suffers of nether back painful in Singosari village, Mojosoongo. Method: this research using case study with interview method and acute scale observation. Result: acute scale before conducted William Flexion exercise towards Mr. S is 6 (medium acute) and scale acute before conducted William Flexion exercise towards Mrs. R is 5 (medium acute). After implementation of William Flexion exercise during 6 times meeting with duration 10-15 minutes showed acute scale in Mr. S become 4 (medium acute) and towards Mrs. R become 2 (mild acute). Conclusion: there is differences acute scale before and after conducted William Flexion exercise.</p>	
<p>Key words: <i>Nether back painful, William Flexion exercise.</i></p>	