

**APPLICATION OF INFANT MASSAGE TO INCREASE THE
WEIGHT OF BABIES AGED 1-6 MONTHS IN THE
WORKING AREA OF NGORESAN
SURAKARTA.**

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ABSTRACT

Background : babies who have a body weight of 7000 grams have a very serious impact, including growth disorders. This problem needs an effort to increase the weight of babies aged 1-6 months, one of which is by non-pharmacological therapy in the form of baby massage. This massage can stimulate increased levels of absorption of gastrin, insulin enzymes, thereby increasing appetite in infants. That is why the weight of the baby being massaged oncreases more than those who cannot get a massage. **Objective :** to describe the development of the results of infant body weight aged 1-6 months before and after the application of infant massage in the working area of Surakarta Ngoresan. **Method :** this study uses a case study method and descriptive with 2 respondents. **Results :** there was a difference in the development of body weight before and after the application of infant massage as evidenced by the baby T body weight increasing on the second day, while on baby V increases on the implementation of the third day. **Conclusion :** this study proved that the application of massage baby can increase the baby's weight aged 1-6 months.

Keywords : appetite, increased baby's weight, baby massage.