THE USE OF BOILED WATER OF BETEL LEAVES TO REDUCE VAGINAL DISCHARGE FOR WOMEN IN MACANAN VILLAGE, MANDAN SUB-DISTRICT, SUKOHARJO REGENCY

Desti Prasetyowati
destiprasetyowati@gmail.com
STIKES 'Aisyiyah Surakarta

ABSTRACT

Background; Woman are the subject of some diseases of bodily functions due to the influence of men. Women's disease patterns are also different from men's because of the difference in genetic, hormonal, behavior, and lifestyle. Reproductive health is defined as a state of complete physical, mental, and social well-being which does not mean the absence of illness and disability, but the things related to the reproductive system. The most common issue of women's reproductive system in the vagina area is vaginal discharge. It is divided into two types, phsyiological and pathological. Betel leaves can be used as a non-pharmacologic therapy for vaginal discharge **Objectiv**; To describe the result of betel leaves' boiled water to reduce vaginal discharge in Macanan Village, Mandan Sub-District. Method; This employed case study research wit quualitate research design. Result; The implementation indicated that before the boiled water of betel leaves was given, both respondentts experienced vaginal discharge and after the water was give for five consecutive days, both respondents did not experience it. Ms.M's vaginal discharge decreased on the fourth day and Ms.W's decreased on the third day. Conclusion: There is a difference of vaginal discharge condition on both respondents before and after given the boilled water of betel leaves.

Keywords; vaginal discharge, betel leaf, woman