THE APLICATION OF REMINISCENCE THERAPY TO ELDERLY COGNITIVE FUNCTION IN CINDEREJO VILLAGE RT 04 RW 05 GILINGAN SURAKARTA

Dewi Juliantimawa, Mulyaningsih, Irma Mustika Sari

<u>Dewimawa604@gmail.com</u>

Program Studi Keperawatan STIKES 'Aisyiyah Surakarta

ABSTRACT

Background: The elderly in Central Java is around 8.44% and the elderly in Surakarta City is around 8.99%. As age increases then cognitive function will decrease. The results of interviews of 10 elderly in Cinderejo Lor Village there were 5 elderly who had moderate cognitive function disorders, previously there were no efforts to improve cognitive function in the elderly. The Objectives of the research: This application uses the deskiptif method with a case study approach and observes the incident using an MMSE sheet. Method: This application uses the deskiptif method with a case study approach and observes the incident using an MMSE sheet. Result: Cognitive function before the implementation of the two respondents experienced moderate cognitive impairment, cognitive function after the application of both respondents there were no cognitive or normal disorders and both respondents experienced increased cognitive function, but there were differences development of the first respondent scored more cognitive function. Summary: There are differences in the development of cognitive functions in both respondents experiencing the same increase in cognitive function, but the first respondent's value of cognitive function improvement was higher than the second respondent.

Keywords: Elderly, Ccognitive Function, Therapy Reminiscience