

**THE USE OF DHIKR PSYCHO RELIGIOUS THERAPY FOR HEARING
HALUSINATION IN dr. ARIF ZAINUDIN REGIONAL PSYCHIATRIC
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ABSTRACT

Background of the Study: A good and correct used of Dhikr Psycho Religious Therapy will bring calm and tranquillity into someone's heart. This therapy also can be used to treat auditory hallucination patients because it helps them to be more focus and eliminates unreal voices by reciting dhikr persistently. **Objective of the Study:** To know the result from the use of Dhikr Psycho Religious Therapy for auditory hallucination patients. **Method:** This study uses descriptive method with case study approach. **Result:** Before applying this therapy, two patients with auditory hallucination were experiencing hallucination which was indicated by talking and laughing by themselves for about three times in less than two minutes. They were also frightened and did something based on the voice which came out from their own mind. After applying this therapy, the hallucination frequency was decreased into once in less than one minute. However, there was difference thing between patient 1 and patient 2. The decreasing of hallucination frequency of patient 1 was faster than patient 2. **Conclusion:** There is a difference of patients' auditory hallucination level before and after Dhikr Psycho Religious Therapy is applied for auditory hallucination patients.

Keywords: Dhikr Psycho Religious Therapy, Auditory Hallucination