

THE APPLICATION OF OXYTOCIN MASSAGE TO UTERINE INVOLUTION IN POST PARTUM MOTHERS IN THE CEPOGO HEALTH CARE

Dina Irnawati, Mulyaningsih, Irma Mustika Sari

dinairnawati3@gmail.com

Program Studi Keperawatan STIKES' Aisyiyah Surakarta

ABSTRACT

The Background : Bleeding in post partum mothers can occur due to unfarable uterine contractions and a soft uterus. One way to hande bleeding in post partum mothers so that uterine contractions remain good with oxytocin massage because of efforts to maintain uterine contractions through oxytocin massage. Which is an important part of post partum maternal care. **The goal of:** knowing the results of applying oxytocin massage to uterine involution in post partum mothers in cepogo health center. **A method :** This study uses descriptive research with a case approach. **The result of:** Uterine involution before the application of oxytocin massage Ms.F sized 14 cm while to Ms.S sized 12 cm, uterine involution after applying oxytocin massage to Ms. F sized 9 cm while to Ms .S after the application of oxytoxin massage to be 8 cm the development of uterine involution on the first day berfore oxytoxin massage sized 14 cm and on the fifth day after oxytoxin massage to be 9 cm to Ms.F whereas on the first day before oxytocin mssage sized 12 cm after oxytocin massage on the fifth day it become sized 8 cm to Ms. S **The Conclusion :** There are differences in uterine involution before and after an oxytocin massage the first respondent was 14 cm to 9 cm and the second respondent from 12 cm to 8 cm.

Keywords: Uterine involution , Ocytocin massage, post partum