

**APPLICATION OF GRANTING OF SALAM LEAF LEAVES ON URIC ACID  
LEVELS IN URIC ACID PATIENTS IN THE MANDAN VILLAGE, MILL  
SUKOHARJO, SUKOHARJO DISTRICT**

FannisaAprillia .R, DyahRahmawatie .R.B.U, Erika Dewi.N

[fanisaaprilia04@gmail.com](mailto:fanisaaprilia04@gmail.com)

STIKES 'Aisyiyah Surakarta

**ABSTRACT**

**Background;** Uric acid is a compound difficult in water which then end result of purine metabolism. Impact if excessive uric acid levels in blood will cause crystal buildup in joints. One of non-pharmacological therapy can reducing uric acid levels is bay leaf decoction. Bay leaf have flavonoids contain that can reducing uric acid levels. **Objectives;** Describe implementation result decoction of bay leaf boiled against uric acid levels in patients with gout. **Method;** The research using descriptive method with research instruments using GCU easy touch tools and observation sheets for measuring uric acid levels. **Result;** Research shows that after given the application of 100 cc bay leaf decoction every morning for 14 days decreased uric acid levels in both respondents. Before given bay leaf decoction uric acid levels in both respondents being in high category and after given bay leaf decoction being in the normal category. **Conclusion;** Application giving bay leaf decoction can reducing uric acid levels in patients with gout.

**Keywords:** Bay leaf decoction, Uric Acid Levels, Uric Acid.