

**APPLICATION OF CLASSICAL MUSIC THERAPY ON
HALUSINATION LEVEL
HEARING ON SCIZOPRENIA PATIENTS
IN RSJD Dr. ARIF ZAINUDDIN
SURAKARTA**

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ABSTRACT

Background: Hearing hallucinations are hallucinations that are often experienced by people with mental disorders, for example hearing a swishing sound, and in the form of words or sentences. One effective nonpharmacological therapy is listening to music. Music has the power to treat illnesses and improve the ability of one's mind to reduce the level of auditory hallucinations because music therapy is one relaxation technique that aims to reduce aggressive behavior, provide a sense of calm, as a moral education, control emotions, spiritual development and cure psychological disorders. **Objective:** To describe the application of classical music therapy to reduce the level of auditory hallucinations in schizophrenic patients. **Research Methods:** The type of researcher used a descriptive methodology with a case study design that illustrated the reduction in auditory hallucinations in schizophrenic patients in Dr. ARIF ZAINUDDIN Surakarta and research instruments using questionnaires to measure signs and symptoms of hallucinations. **Results:** There was a decrease in the level of hallucinations in Mr. A and Mr. E there ware levels of auditory hallucinations 20 and 18 to 16 and 10 after being given classical music therapy for 5 days at the mental hospital. **Conclusion:** The application of classical music therapy can reduce the level of hallucinations of schizophrenic patients.

Keywords: Classical music, auditory hallucinations, schizophrenia