

ABSTRAK

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THE APLICATION OF WARM COMPRESS IN REDUCING PAIN SCALE IN ELDERLY WITH RHEUMATISM IN PUSKESMAS NGORESAN, SURAKARTA

ABSTRACT

Background; Rheumatoid Arthritis chronic systemic inflammatory disease of unknown cause, Characipristic of rheumatoid arthritis is to cause damage to the synovial membrane, joint, fatigue, and deformitas. Warm compress therapy is of the non pharmacological therapy to reduce pain. The warm compress action is done to smooth the blood arvlation and relieere the pain. Provision of warm compress afre done on join inflammation. **Objective;** To know the effect of giving warm compress to reduce pain in rheumatoid arthritis suffaer in Puskesmas Ngoresan, Surakarta. **Mahad;** Descriptive research method with case study research design. **Result;** After a warm compress, Mrs.S decreaser from pain scale 6 to pain scale 3 and Mrs.W from pain scale 5 to pain scale 3 after being given warm compress for 7 day. **Conclusion;** Warm compress proven to reduce the scale of pain.

Keyword; Rheumatism, Warm Compress, Pain